

Explore Anthroposophy on a Biodynamic Farm

Goals of the week include intense observation, spiritual awakening and personal renewal through practical living on the farm and through:

1. Artistic activities
2. Goethean observation
3. Exploring the spiritual nature of the farm
4. Practical activities with the life of the farm



Dates, Fee and Registration

Dates: Sunday July 12- Saturday July 18, 2020 – Please plan to arrive Sunday at 5:00 pm. The program will close on Saturday the 18th at noon.

Base price includes rustic accommodations in cabins on the farm \$850. Accommodation upgrade options available upon registration.

Register online at rsct.ca

For more information, email info@rsct.ca or call 905-764-7570

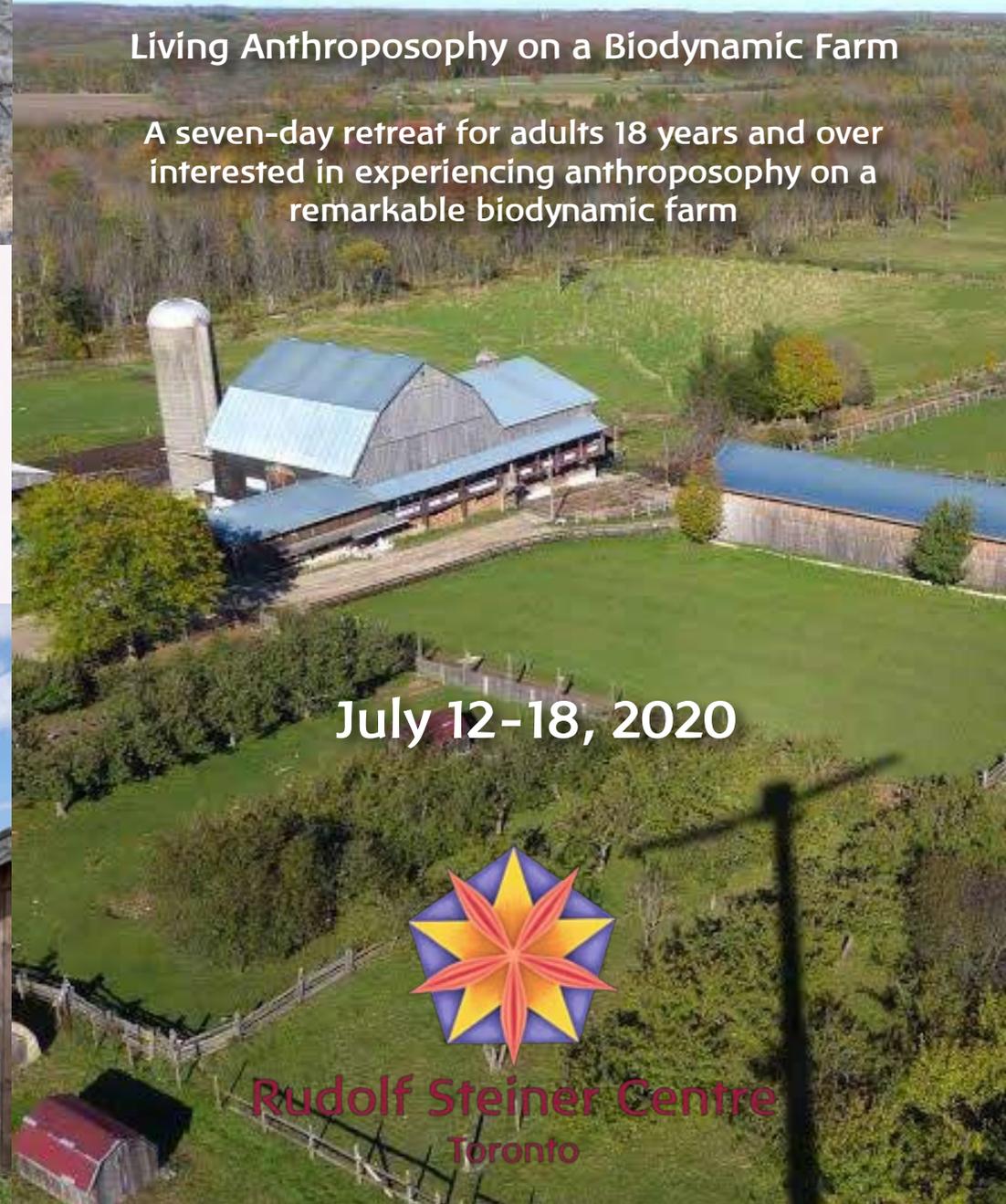


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Glencolton Farms Renewal Retreat

Living Anthroposophy on a Biodynamic Farm

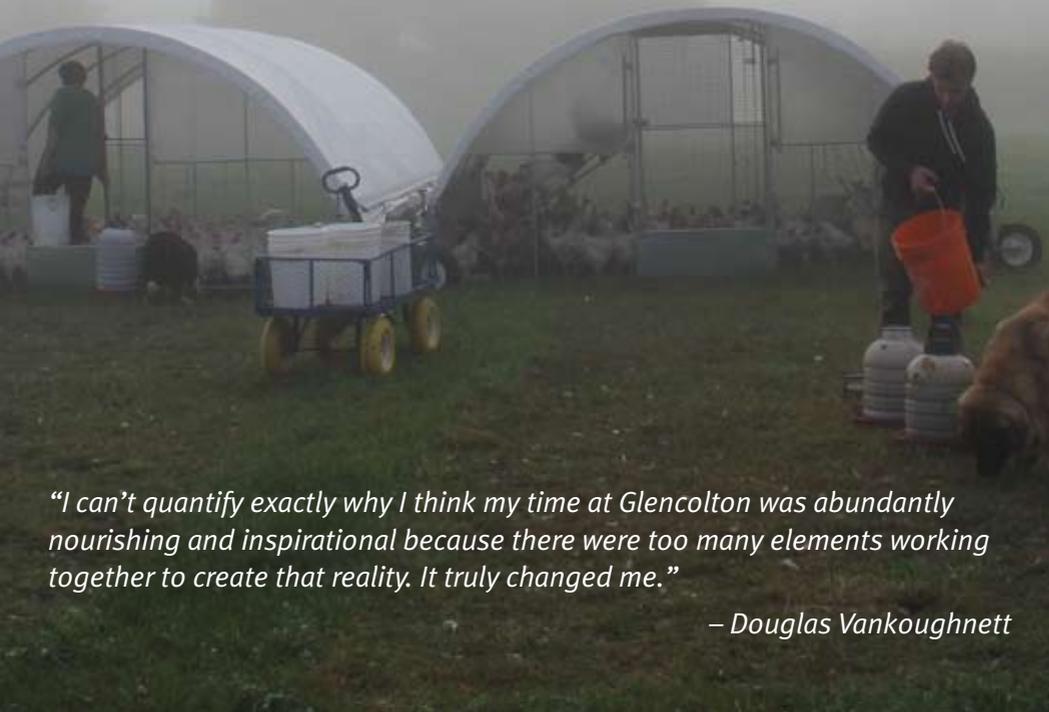
A seven-day retreat for adults 18 years and over interested in experiencing anthroposophy on a remarkable biodynamic farm



July 12-18, 2020



Rudolf Steiner Centre
Toronto



"I can't quantify exactly why I think my time at Glencolton was abundantly nourishing and inspirational because there were too many elements working together to create that reality. It truly changed me."

– Douglas Vankoughnett



Your Hosts

Michael Schmidt is a biodynamic farmer, advocate for food rights, conductor and visionary. He has a Masters in Agriculture and practices biodynamic farming at Glencolton Farms.

For decades Michael has fought many legal court battles, to defend the fundamental rights of people to make informed choices about what they put in their body. (photo at top)



Elisa Vander Hout has a Bachelor of Science in Agriculture from the University of Guelph and found her way to biodynamics 21 years ago. Together with Michael she manages Glencolton Farms.

Elisa is well versed in social dynamics and co-operative structuring and is practicing adult education and personal development through her studies in anthroposophy. (photo left middle)



Greg Scott is a Waldorf teacher and a long-time student of Rudolf Steiner's work. He has more than 20 years experience as a teacher and camp leader with a background in History and Fine Arts. Greg is trained as a sculptor and has worked and studied in many parts of the world. (photo left bottom)



Daily Rhythm

Monday through Friday:

- 6:00 Rise with sun, tend to animals
- 7:30-8:30 Prepare and share breakfast
- 9:00-10:30 Morning with Michael Schmidt
- 10:30-11:45 Artistic activity with Greg Scott
- 12:00-1:30 Prepare and share lunch
- 1:45-3:15 Practical work with Greg Scott
- 3:30-5:00 Gardening, working with the soil with Elisa Vander Hout
- 5:00-6:00 Tend to animals
- 6:00-7:30 Prepare and share supper
- 7:30-9:00 Evening reflection



About Glencolton Farms

Glencolton Farms is a 200 acre fully diversified biodynamic farm in Grey County, Ontario. Here you will find cattle, chickens, pigs, horses, an orchard and garden. We also bake bread and other treats in our on-farm bakery.

For decades the farm has hosted many grade 3 Waldorf students for their farming block as well as the biodynamic component of the Foundations Studies in Anthroposophy Course from the Rudolf Steiner Centre Toronto. The farm has been host to many young people from all over the world through biodynamic apprenticeship training programs.

Glencolton Farms is the back drop and producer of both the Symphony in the Barn's Summer Music Festival and the Christkindl Market. These events are inspired by the idea of making magic on the farm and bringing people together through a cultural experience in an agricultural setting.

Glencolton Farms has a unique ownership structure. It is co-operatively owned and financed through the farmers and consumers making them all co-producers. The farm has also been involved in ongoing legal battles over raw milk distribution.

