

Experiencing Anthroposophy on a Biodynamic Farm

In the world we live in today, there is great need for deeper understandings of what lies behind the material. Many are suffering from the dissonance created by the disharmony of our modern civilization. This week will help us to penetrate the greater currents at work in the world today and to find a way to bring harmony back into our lives and the world around us.

Our theme for the week will be from “Harmony of the Spiritual World” by Rudolf Steiner.

During this week-long journey, we will develop our experience of the earth, the cosmos and ourselves. We will begin by grounding ourselves in the work and natural rhythms of the farm and the animals.

Studies in biodynamics and plant observation will deepen this work and help us to enter into the greater spiritual realm around us.

The evenings will be spent in community learning from elders, and searching the cosmos, singing and telling stories. In the afternoons, we will work on a sculptural project that will embody our working together and inspire others as it lives on in the community.



To Register

The price of \$1,350 (CAD) includes all accommodation, meals, and transportation to and from Toronto Pearson airport. Only 20 spots available! Reserve yours today. Arrive at the farm on July 21, leave for the airport July 27. Five full days of program in between.

A non-refundable, transferable deposit of 50% is due June 1st and the remaining balance is due July 15th.

Register online at rsct.ca

For more information, email info@rsct.ca or call: 905-764-7570



info@rsct.ca • www.rsct.ca • 905.764.7570

GLENCOLTON FARM YOUTH RENEWAL WEEK

Experiencing Anthroposophy
on a Biodynamic Farm

July 21 to 27, 2019
(New Dates)

A 7-day retreat for young adults, 18-35,
from around the world, interested in
deepening their knowledge of
anthroposophy and nature
on a biodynamic farm



Rudolf Steiner Centre
Toronto





Your Hosts

We wish to welcome you to our farm, home to many animals and humans where together we work to transform and cultivate nature.

Michael Schmidt is an extraordinary biodynamic farmer, advocate for food rights, conductor and visionary. Raised in Germany with a Masters in Agriculture, he practices biodynamic farming at Glencolton Farms (photo above).

Elisa Vander Hout has a Bachelor of Science in Agriculture from the University of Guelph. Growing up in Agriculture she found her way to biodynamics 19 years ago. Together with Michael, Markus and Svenya, she manages Glencolton Farms.

Greg Scott is a sculptor, Waldorf teacher and adult educator. He currently works extensively with the teachings of Rudolf Steiner and is active in the wider anthroposophical community.



Daily Rhythm

- 6:00 Rise with sun, tend to animals
- 7:30-8:30 Prepare and share breakfast
- 9:00-10:30 Morning with Michael Schmidt:
 - Study of the role of the soil, the plant, the animal and the human being in relation to the rhythms of the year and bio preparations.
- 10:30-11:45 Artistic activity with Greg Scott
 - Study of the metamorphosis of the plant through observation, drawing, clay work and painting.
- 12:00-1:30 Prepare and share lunch
- 1:45-3:15 Practical work with Greg Scott
 - Woodwork project (musical instrument), stone carving, farm structure
- 3:30-5:00 Gardening, working with the soil with Elisa Vander Hout
- 5:00-6:00 Free Time - observation and walk
- 6:00-7:30 Prepare and share supper
- 7:30-9:00 Evening reflection
 - Blessing and welcome with elder, reflection and meditation for evening, stary sky & astronomy, fire side singing, stories and sharing



About Glencolton Farms

Glencolton Farms is a 200 acre fully diversified biodynamic farm in Grey County Ontario. Here you will find cattle, chickens, pigs, horses, an orchard and garden.

We also bake bread and other treats in our on-farm bakery.

The farm has been host to many young people from all over the world through our biodynamic apprenticeship training program.

Glencolton Farms is the back drop and producer of both *Symphony in the Barn's Summer Music Festival* and the *Christkindl Market*.

Glencolton Farms has a unique ownership structure and is co-operatively owned and financed through the farmers and consumers which attribute them as co-producers.

