



The HEART Program Auditing Option

The HEART Auditing Option is a professional development opportunity for certified Extra Lesson practitioners to refresh their knowledge, skills and research regarding the archetypal picture of the human being and the foundations of The Extra Lesson.

Modules of the HEART program listed below can be taken individually depending on your interest.

The undertaking and completion of assignments is at the discretion of the student. Certificates of completion are not issued.

There is a \$100 non-refundable application fee. Application can be found online.

Part 1

Focus: The archetypal human being and path of development; salutogenesis - the source of health in relation to body, soul and spirit

Methodology: Explore/experience/study through assigned readings and artistic activities (sculpture, music, speech, painting, movement, eurythmy, etc.)

	Module	Topic	# of One-on-One 1 hour Mentored Sessions	Fee
Part 1	#1	Adult Development - Learning to Learn: Exploring subconscious, conscious, superconscious; Exploring Imagination, Inspiration, Intuition; Introduction to the Seven Step Learning Process	5	\$375
	#2	Introduction to Esoteric Embryology Introduction to the Four Organs Introduction to Seven Life Processes	5	\$375
	#3	Fourfold in Relationship to Healthy Learning Introduction to the Four Ethers	6	\$425
	#4	Supersensible Currents	4	\$325
	#5	Archetypal Path of Physical Development	4	\$325
	#6	Twelve Senses	3	\$275
	#7	Mirroring/Imprinting Auditory/Visual/Kinesthetic Learning	3	\$275

Part 2

Focus: To observe, recognize and understand symptoms to support the design and implementation of practical remediation plans.

Methodology: Explore/experience/study through assigned readings and artistic activities (sculpture, music, speech, painting, movement, eurythmy, etc.), and the Extra Lesson exercises

	Module	Topic	# of One-on-One 1 hour Mentored Sessions	Fee
Part 2	#1	Adult Development - Destiny and Transformation of Self Introduction to Research Project	4	\$325
	#2	Compromised Path of Physical Development Midlines and Extra Lesson Exercises	4	\$325
	#3	Compromised Supersensible Currents and Extra Lesson Exercises	4	\$325
	#4	Compromised Foundation Senses and Extra Lesson Exercises	4	\$325
	#5	Constitutional Type Forgetting/Remembering	4	\$325
	#6	Introduction to First Grade Readiness	4	\$325
	#7	Understanding Learning Challenges in Relationship to Archetypal Pictures	6	\$425