



Summer Festival
of the Arts and
Education

July 8-26, 2019

Rudolf Steiner Centre Toronto

Week One: July 8th to July 12th

The **Grades Intensives** are designed to help class teachers prepare for the grade level they will be teaching in the fall. Mornings, the presenters will draw on their experience to give a full picture of child development, curriculum and methods, as well as provide examples of yearly, monthly and weekly lesson planning. In the afternoons, grades will be combined (1&2, 3&4, etc.) to practice grade-level skills in educational support and singing in grades 1-4 and clay modelling and singing in grades 5-8.

Mornings

Teaching Grade 1



VIVIEN CARRADY, WALDORF ACADEMY

During her Waldorf teacher education at the Rudolf Steiner Centre Toronto, Vivien was asked to teach middle and high school French at the Toronto Waldorf School. She went on to teach French and English at the Waldorf Academy (formerly the Alan Howard School), while also completing a summer training in Waldorf foreign language teaching in Europe. When her third child started school, she returned to Waldorf Academy as a kindergarten teacher and later as a class teacher.

Teaching Grade 2



BRIAN SEARSON, EDGE HILL COUNTRY SCHOOL

Brian is a Rudolf Steiner Centre Toronto graduate who has served as a Waldorf class teacher for the past 28 years. He has specialized in music, art and drama. As chair of the Toronto Waldorf School's festival committee, Brian steered a complete renewal of the school's festivals. For five years he has taught chalkboard drawing and has led elementary grade workshops for the Rudolf Steiner Centre's summer program. Brian holds a mentoring certificate from AWSNA and a business management certificate from George Brown College.



Cover art by Larry Young, "Sentient Soul Memory", watercolour and pastels, July 2018. Larry will be teaching a course in week two of our summer festival titled "Faces: an Artistic Doorway to the Self". Photos* are from last year's summer festival. Graphic design and photos* by Richard Chomko (Immedia).

*except for page 10 photo and photos of course leaders.

Afternoons

Educational Support in Grades 1/2



YASMEEN MAMDANI

Yasmeen Mamdani has been an educator for over 20 years. She received her Waldorf teacher certification as a class teacher at RSCT and went on to specialize in therapeutic education support, completing the H.E.A.R.T. certification in 2010. Yasmeen joined the Waldorf Academy faculty in 2011 where she now serves as lead of the education support team. As part of her role in the manager's circle she is the student assessment manager.

Singing in Grades 1/2



MONIKA SUTHERLAND

Monika Sutherland directed the music program at Pleasant Ridge Waldorf School in Viroqua, WI where for 14 years she led a full program of chorus, orchestra and general music. She provides consultation and mentorship for many Waldorf schools in the US and Canada and is active in Waldorf teacher education programs. In 2018, she taught at Sunbridge Institute as lead faculty in the Waldorf Elementary Music Teacher Education course. She is a member of the core faculty of the Great Lakes Waldorf Institute. In the summer of 2015, she co-facilitated the Waldorf Music Teacher Conference in Louisville, KY. Monika is a professional cellist and has performed as a soloist and orchestra member in many places in the United States and abroad.

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Mornings

Teaching Grade 3



JUSTIN TROMBLY, DETROIT WALDORF SCHOOL

Justin has been teaching in Waldorf schools for the past 12 years, first in Chicago, then in Portland, Oregon, now at the Detroit Waldorf School. Justin received his Waldorf teaching certification from the Michael Institute in Portland. The Waldorf curriculum and how it works with the developing child is a constant inspiration to Justin.

Teaching Grade 4



LES BLACK, WALDORF MENTOR

Les has been a long-time colleague and champion for creativity in Waldorf education. With more than 30 years of dedicated service to the Toronto Waldorf School community, he has touched the lives of hundreds of children and colleagues. Les retired from class teaching in 2010, following the graduation of his third eight-year-cycle. He is now a mentor at Waldorf schools and the new director of Foundation Studies in Anthroposophy Distance at RSCT.

Afternoons

Singing in Grades 3/4 MONIKA SUTHERLAND

Educational Support in Grades 3/4 YASMEEN MAMDANI

Mornings

Teaching Grade 5



PHIL HARTMAN, LONDON WALDORF SCHOOL

Phil completed his Foundation Studies in Anthroposophy and Waldorf teacher education at the Rudolf Steiner Centre Toronto in 2013. Phil is the current class 5 teacher at the London Waldorf School as well as the games teacher for the early grades. He is chair of the festivals committee, chair of the sex education committee, and serves as faculty meeting facilitator. He has been at the London Waldorf School since 2011.

Teaching Grade 6



PATRICE MAYNARD, RESEARCH INSTITUTE FOR WALDORF EDUCATION

Patrice Maynard, MEd, is the director of Publications and Development for the Research Institute for Waldorf Education. She was a leader in AWSNA and before that a Waldorf class and music teacher at the Hawthorne Valley School.

Afternoons

Clay Modelling in Grades 5/6 PHIL HARTMAN

Singing in Grades 5/6 PATRICE MAYNARD

Mornings

Teaching Grade 7



JANE HILL, THE HARTSBROOK SCHOOL, HADLEY, MA.

Jane Hill, M. Ed., is drawn to the tumultuous energy of middle school students and is in awe of how the Waldorf curriculum provides the wisdom and power to meet their academic and soul needs. She is just finishing teaching seventh grade.

Teaching Grade 8



PHIL FERTEY, VANCOUVER WALDORF SCHOOL.

Phil has been a class teacher for fifteen years and most recently (in 2018) completed an eight-year cycle at the Vancouver Waldorf School. In addition to mentoring teachers, he is also a member of the editorial advisory board of *Renewal*, a North American publication about Waldorf education. Prior to teaching, Phil spent eleven years in advertising as a writer/creative director. He holds a BA (Michigan), an MBA (Toronto) and completed his Waldorf teacher education at the RSCT. Phil is currently wrapping up a busy but renewing sabbatical year in Nelson, B.C.

Afternoons

Singing in Grades 7/8 PATRICE MAYNARD

Discussions on Adolescence and Clay Modelling in Grades 7/8 PHIL FERTEY

Mornings

Biography Work: Creating a New Narrative in Your Life



DOROTHY LEBARON

Biography is a new and growing field in anthroposophy. By engaging in biography work, you create a fresh perspective from your life events, one that speaks to the present and brings inspiration to move into the future. Through seeing where you are supported by universal themes and rhythms in your individual journey, you come away with a deeper sense of who you are and what you are here for. This course includes an artistic process, biography charting, and small group work. You will leave with tools you can continue to use in your personal and professional life.

Dorothy LeBaron is a skilled facilitator, adult educator and biography coach. She has taught and facilitated workshops at Arscura School for Living Art, the Rudolf Steiner Centre Toronto, Waldorf schools, and in the business world.

Afternoons

Eurythmy: an Art of Movement, Connection and Well-being



SUSANN HERB EDDY, DETROIT WALDORF SCHOOL

This course is open to anyone regardless of their experience or skill in eurythmy or movement. It is a modern form of artistic movement developed by Rudolf Steiner and now practised worldwide in Waldorf schools and stage groups.



Susann Herb Eddy has been teaching eurythmy to children and adults in the Detroit area since 1986. Her work includes therapeutic eurythmy. Previously, she worked as a class teacher at Karl Schubert Schule in Vienna, as a group leader for autistic children in Switzerland, and as a kindergarten assistant in Toronto.

Susann has a diploma in Waldorf Education and Special Education from the Waldorf Institute of Mercy College. Currently she serves as pedagogical chair at the Detroit Waldorf School.

Afternoons

Working with Wood



GORDON LEWIS

In this class we will be designing and shaping a spoon or ladle in pine. Some may elect to do a finer implement in hardwood. We will proceed from the uncarved block to produce well balanced, strong and durable, functional implements.

From building forts as a child, Gordon went on to build houses for twenty years. At the age of 35 he returned to university to study industrial arts and formalize his building construction experience into a teacher's degree.

He also took a Waldorf teacher education program in Edmonton and taught for a year at the London Waldorf School. Gordon has spent the last few years teaching building construction in a pre-apprenticeship program in Swan River, Manitoba.



Week Two: July 15th to July 19th

Mornings

The Practice of Meditation and the Spiritual Path of the Waldorf Teacher



ROBERT MCKAY

Robert will provide an introduction to the anthroposophical path of knowledge, drawing heavily on Rudolf Steiner's book *How to Know Higher Worlds*. In addition to providing lectures on the nature of the meditative path, he will lead participants through a series of artistic and meditative exercises to help ground lecture ideas in lived experience including the specific indications and meditations Rudolf Steiner developed for Waldorf teachers.

Robert is chair of the board of the Rudolf Steiner Centre Toronto and secretary of the board of Waldorf Academy, as well as a member of the organizing committee of the Toronto branch of the Anthroposophical Society in Canada. He works as a psychotherapist in private practice and as the lead on advocating for publicly-funded psychotherapy with the Ministry of Health and Long-Term Care.

Seven Essential Nutrients for Health



FIONA HUGHES, M.D.

In anthroposophic medicine health is understood to be a process unique to each individual. We will explore how Steiner's seven life processes provide the basis for physical health in childhood and for healthy feelings in later life. Along with practical tips for working with and strengthening the life processes, we will strive to understand how the seven therapeutic metals can support them. Central to these processes is the theory and practice of nutrition. Therefore, special attention will be given to how anthroposophical nutrition aligns with popular diets, how we can work to establish a healthy gut and in turn a healthy brain.

Fiona Hughes works as a medical advisor, futurist, and health researcher, and as a counselor in her private health practice. She has authored a number of reports that explore preferred futures for health and care, reimagine aging beyond decline, and redefine wellness beyond spas and exercise regimes. With a degree in medicine from the University of Witten/Herdecke, a cultural studies degree from Trent University, and extensive training in anthroposophical medicine, Fiona is mindful of the ways conventional medicine could be improved and is passionate about healing.

Afternoons

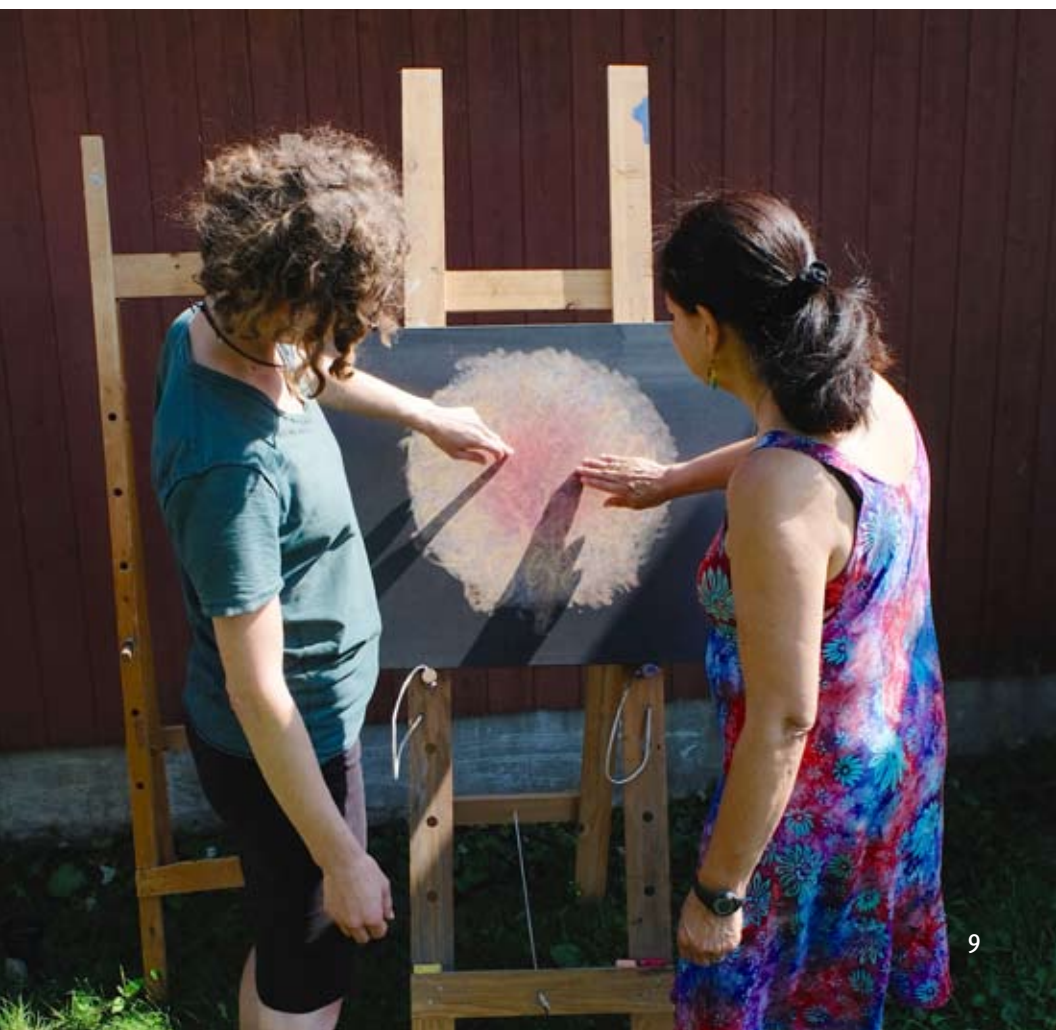
Magic of Coloured Dust



BRIAN SEARSON, EDGE HILL COUNTRY SCHOOL

Brian makes blackboard drawing using coloured chalk look easy but for someone who has never done it before and is standing in front of an empty backboard, it can be daunting. In one week he will show you how to build up beautiful blackboard drawings out of “coloured dust” and help you gain the confidence to make your own creations at home and in the classroom.

See biography for Brian Searson on page two.



Felting: Transforming Fleece into Soft Sculptural Forms

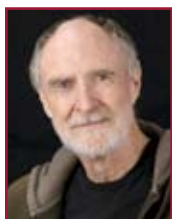


KATHIE YOUNG

In this workshop we will use wet-felting and needle-felting techniques to create delightful soft sculptural forms out of coloured fleece. The workshop is suitable for beginners and experienced felters.

Kathie Young is a graphic designer and painter who has taught painting, drawing and handwork to students of all ages for the past 25 years. She is the co-founder of the Phoenix Arts Group, a non-profit in New Jersey dedicated to raising public awareness of the role art plays in human development and social renewal.

Faces: an Artistic Doorway into the Self



LARRY YOUNG

In this watercolour workshop participants will work with physiognomy and the four temperaments to explore characteristics of the human soul as we experience it here in the physical world. Through this in-depth examination of ourselves and our fellow beings we hope to achieve glimpses of a higher soul life.

Larry Young is a graphic designer, illustrator, painter, filmmaker and former high school art teacher at Green Meadow Waldorf School. He is the co-founder of the Phoenix Arts Group (see above).





Week Three: July 22nd to July 26th

Full day

Introduction to Waldorf Early Childhood Education



HEATHER CHURCH

The future depends on children receiving health-giving experiences in the first seven years of life. They need to experience loving guidance that will in turn bring joy, wonder and reverence into their lives. Yet an essential aspect of early childhood education is the inner attitude and soul life of the educator which is imitated by the child. In this immersion into the world of early childhood, you will experience hands-on lessons in circle, handwork, story and puppetry. You will be introduced to child development from birth to seven, inner development of the educator, and the essentials of Waldorf education for the young child.

Heather joined Halton Waldorf School in August 2017 and serves as the early childhood coordinator and early childhood faculty chair. After eleven years of teaching mixed aged kindergarten at Huronia and Toronto Waldorf School, Heather left the classroom to co-create My Child Myself, a centre that offered parent learning and community building. Heather completed her kindergarten training at Sunbridge Institute and birth-to-three training at Sophia's Hearth.

Mornings

Waldorf Essentials



MERWIN LEWIS, LONDON WALDORF SCHOOL

In this course, Merwin will speak out of his extensive experience to give the essentials of Waldorf education, including the stages of child development, curriculum and methodology and the role of parents in the school. Here all your questions from what is a Waldorf teacher to the role of technology in a Waldorf school will be answered.

As co-founder of the London Waldorf School, Merwin has educated children and helped train a generation of teachers. He is currently the supplementary main lesson teacher and the pedagogical chair for London Waldorf School. He has been a board member of LWS for thirty-three years. He has a master's degree in music (M.L.S.) from Indiana University and is a composer, poet, and playwright. He is a past board member and present Foundations Studies presenter for RSCT.

Learning English as a Second Language for Adults as a Healing Exercise



AGATHE POLACH, TORONTO WALDORF SCHOOL

The best time for learning a second language is after age three and before puberty. Many adults, however, have missed that window and have had less than pleasurable experiences in learning English. This course is designed for adults who are seeking a joyful way to learn English as a second language, as well as for those who wish to learn how to teach ESL using Waldorf methods. We will follow core Waldorf educational methods of language and literacy. Each class will be arranged with circle activities, art, music, and/or a short drama piece for awakening curiosity and enthusiasm for learning a language.

Agathe has a Bachelor of Arts from the University of Toronto. She has been teaching at the Toronto Waldorf School since 1992 and coordinates the “semaines françaises” — bi-annual week-long conferences for Waldorf French teachers.

Waldorf 100: First Teachers' Course



JAMES BRIAN, RUDOLF STEINER CENTRE TORONTO

One hundred years ago, in 1919, Rudolf Steiner held the first course in Waldorf principles and methods for the teachers of the first Waldorf school in Stuttgart Germany. In this week we will follow the courses he gave in chronological order, reviewing the foundations of a modern psychology of body, soul and spirit and how these principles are applied in teaching.

James has worked in the educational field for more than 30 years with both children and adults. He spent 12 years in Germany studying anthroposophy and Waldorf pedagogy and has diplomas in Waldorf teaching and remedial education.

He taught at the Kräherwald Waldorf School in Stuttgart, Germany, for five years. Returning to Canada in 1988, he was a class teacher at the Ottawa Waldorf School and then at École Parsifal, also in Ottawa. Currently, he is director of education at RSCT. James is a certified professional coach (New Ventures West, San Francisco) and ran his own company for 14 years, working as a consultant in organizational development, retreat facilitation, and strategic planning with clients both in federal government departments and in the private sector.

Afternoons

The Eastern Way of Understanding Nature and Art



JOONG GWANG LEE AND YOUNG SOOK KIM

Are you interested in the eastern tradition of engaging with nature and expressing it through arts? We will explore similarities and differences between eastern and western approaches to nature and arts – how eastern

and western societies see the world and the human being's destiny. We will experience eastern arts and crafts through calligraphy, oriental brush painting, folk songs, movement and handwork to understand eastern culture in a creative way.

Young Sook and Joong Gwang are former Waldorf parents of two grown-up children. They met in South Korea but have lived in North America for over 20 years. Young Sook is an experienced Waldorf teacher and has written about early childhood education, puppetry, art programs for all ages and LifeWays adult education. Joong Gwang is an environmental engineer who has pursued a diverse career path including recent full-time studies in Waldorf teacher education at RSCT. Out of their experience they hope to engender a better understanding and mutual respect between East and West.

Exploring the Temperaments through Chekov Drama



KATI GABOR, POLARIS SCHOOL CENTRE, OTTAWA

What better way to explore the four temperaments than using Michael Chekhov's drama exercises. In this introductory workshop we can freely try them on and see how they move us. We can connect with others and experience how we interact with them under the influence of one or the other temperament. Most

importantly, we will have a chance to develop equanimity by balancing our temperaments. This workshop draws on Rudolf Steiner's lectures on the temperaments. Open to everyone wanting to move, learn and play. No experience in acting or movement arts is needed.

Kati is an experienced Waldorf teacher who has also worked with parents, teachers and healing professionals for the past 15 years. Her focus on the inner work of the teacher led her to Michael Chekhov's drama exercises, which inspired her to complete the Art of Acting course at the Threefold Educational Center, NY.

Kati now facilitates workshops based on the drama exercises Chekhov created. Through movement and play held in a safe space, inner and outer connections are revealed, while insights emerge to support inner development.

Movement Games for Children in Grades 1-4



MARIE FRANCE BERTRAND, ÉCOLE CENTRE NORD

During the first school years, class teachers are called upon to lead the children in movement and games. Marie France, an experienced Waldorf class and physical education teacher, will demonstrate games and movement exercises that can be joyfully practised with children. Open to anyone who enjoys movement, games and laughter.

Marie France has taught for 18 years using Waldorf pedagogy – six at École Par-sifal School and three at Saint Anthony School in Ottawa. She was the founding grade teacher when the French public school, Trille des Bois, started a Waldorf program in 2003. Currently she is applying Waldorf methods to engage children in the public school system.



Daily schedule

8:30 to 8:55	singing (open to all participants)
9:00 to 10:30	morning course
10:30 to 11:00	coffee break
11:00 to 12:30	morning course
12:30 to 2:00	lunch
2:00 to 3:15	afternoon course
3:15 to 3:35	break
3:35 to 4:50	afternoon course

Evening activities

- Research presentations
- Waldorf teacher graduation

Registration

Festival fee is \$600 per week, with discounts for multiple weeks. See online application form for full details.

Half day registration (morning or afternoon) is \$350. per week, with discounts for multiple weeks. See online application form for details.



Most courses have limited spaces. All fees are due upon registration. After registering, you will receive a detailed course schedule with directions to the campus.

You may cancel your registration before June 8 and receive a refund less a \$75 cancellation fee. No refunds available after June 8. We reserve the right to cancel any course with seven days' notice, with full refund.

Lodging

A limited number of bed and breakfast spaces are available with local families. If you would like to offer accommodation to a festival participant and receive compensation please let us know. Local hotels are listed on our website.

Lunch

Delicious three-course vegetarian (mostly organic) lunches are available by pre-order only. Lunches cost \$75 per week and will be served in the beautiful dining room at Hesperus Village, just across the playing field from RSCT.

Childcare at TWS Summer Camp

Toronto Waldorf School offers a full-day camp for children (ages 4 to 12) at a reduced fee for festival participants. To make reservations contact the camp at 647-210-8865 or camp@torontowaldorfschool.com.





Collaborating Organizations

RSCT is grateful for the support of Toronto Waldorf School, Mercurius Canada, Hesperus Village and Arscura – School for Living Art.

Special Thanks to Mercurius Canada

Many thanks to our event sponsor, Mercurius Canada, for providing all the art materials for the RSCT 2019 Summer Festival of the Arts and Education courses.





Week One - July 8-12

Art of Teaching MORNING

Grade 1 – Vivien Carrady

Grade 2 – Brian Searson

Grade 3 – Justin Trombly

Grade 4 – Les Black

Grade 5 – Phil Hartman

Grade 6 – Patrice Maynard

Grade 7 – Jane Hill

Grade 8 – Phil Fertey

Biography – Dorothy LeBaron

Art of Teaching AFTERNOON

Grade 1/2 – Remedial, Yasmeen M.

Grade 1/2 – Music, Monika S.

Grade 3/4 – Remedial, Yasmeen M.

Grade 3/4 – Music, Monika S.

Grade 5/6 – Sculpture, Phil H.

Grade 5/6 – Music, Patrice M.

Grade 7/8 – Sculpture, Phil F.

Grade 7/8 – Music, Patrice M.

Working with Wood – Gordon L.

Eurythmy – Susann Herb Eddy

Week Two - July 15-19

Week Two MORNING

Meditation and the Spiritual Path of the
Waldorf Teacher – Robert McKay

Seven Essential Nutrients for Health –
Fiona Hughes

Week Two AFTERNOON

Magic of Coloured Dust – Brian Searson

Creative Felting – Kathie Young

Watercolour Painting – Larry Young

Week Three - July 22-26

Week Three MORNING

Waldorf 100: The First Teachers' Course
– James Brian

Waldorf Essentials – Merwin Lewis

Learning English as a Second Language
for Adults as a Healing Exercise
– Agathe Polach

Introduction to Waldorf Early Childhood
Education (all day) – Heather Church

Week Three AFTERNOON

The Eastern Way of Understanding
Nature and Art – Joong Gwang, Young
Sook Kim

Exploring the Temperaments through
Chekov Drama – Kati Gabor

Movement Games for Grades 1 to 4 –
Marie France Bertrand

Register online at www.rsct.ca

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